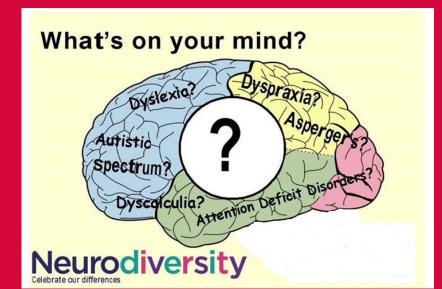


Neurodiversity

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and Steve Coe



What is the difference between a neurodiverse person and a neurotypical person?



Neurodiversity

Dyslexia Dyscalculia Dyspraxia

ADD Asperger's Autism - Dysgraphia



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- Developmental
 Coordination Disorder
 ADHD
- Tourette's Syndrome
- Pathological Demand
 Avoidance





The way our brains process information

Dyslexia

Difficulty reading Difficulty telling left from right Distracted by background noise

Excellent listening skills

Dyspraxia

Difficulty with coordination Difficulty with directions Poor short term memory

Excellent problem solving skills

ADHD

Difficulty maintaining attention Hyperactivity Impulsiveness

Excellent creativity skills

Autism

Impaired social interaction Impaired communication Repetitive behaviour

Excellent memory skills



Impact at Work

- Concentration
- Stress
- Depression
- Social Isolation
- Physical illnesses

- Disciplinaries
- Capabilities
- Mistakes
- Time-keeping
- Scheduling









Social Model of Disability

Message: Disability is a problem. Goal: It needs to be fixed.

> Message: Disability is a natural form of diversity.

> Goal: Accommodate disability, with optimal outcomes.

Abilities



- Determined
- Persistent
- Problem-solving
- Visual-spatial
- 3-D thinking
- Good at delegation
- Inquisitive

- Creative
- Connect many concepts
- People orientated
- Generosity
- Ingenuity
- Fairness
- Compassion



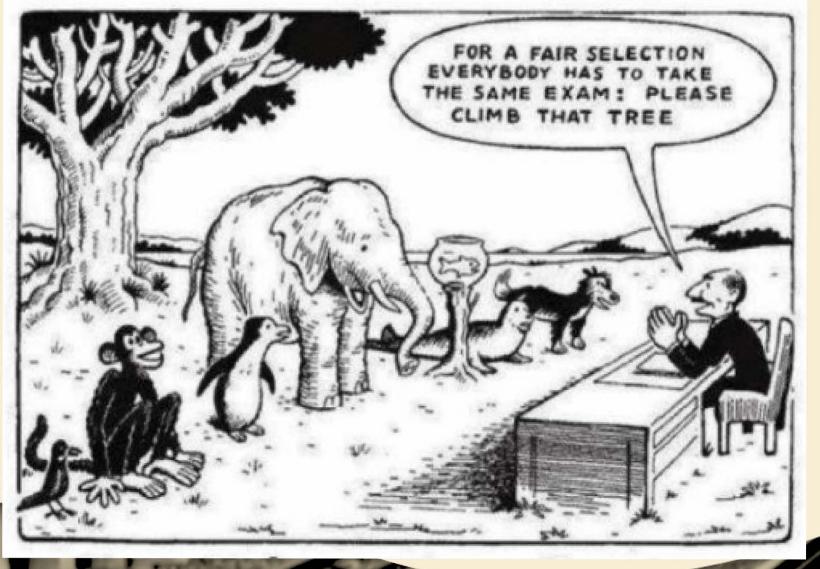
Legislation

A physical or mental impairment that has a substantial and long-term negative affect on your ability to do normal daily activities.

Equality Act 2010







Implications for health, safety and welfare



- Identification, access to diagnostic assessments, 'fair culture'
- Suitable adjustments, risk assessments and support to ensure neurodiverse don't compromise safety of themselves or colleagues



Implications for health, safety and welfare



- Neurodiverse often suffer high levels of victimisation, bullying, stress, depression and other mental health problems
- Often, a few simple reasonable adjustments is all that is needed



Help and adjustments



- Reasonable workplace adjustments
- Resources
- Equipment
- Job
- Assistance





Resources and adjustments

- Software
- Hardware
- Changes to job tasks
- Different L&D options
- Mentoring
- Access to Work
- Changes to terms and conditions (e.g. homeworking)





Case Study

- Look at the mind map in your pack on dyspraxia
- Spend 2-3 minutes considering what might be the health, safety and welfare risks of someone with dyspraxia working in an office
- She has worked there for 6 years and is a communications administrator. This means she has to make sure relevant data is sent out to the correct people in time on various issues including:
 - Planned works
 - Policy changes etc.



Case Study - issues

- Time management and scheduling
- Mis-typing
- Losing notes and reminders
- Unable to read, remember and analyse lots of information at once
- Prone to WURLDs
- Stress & possible depression





Case Study – reasonable adjustments

Software –

Hardware -

Resources –,

Different L&D options –

Mentoring/support -

Access to Work -

Changes to working practices –



Case Study - benefits

- communication skills
- Empathy
- Thinks naturally of alternative communication methods
- Thread different project pathways together
- Creative
- Design
- People



Your Turn:



- 1. Find someone who has the same pack as you
 - 2. You now have 6 minutes to consider the following:
 - What are the issues that the person will face
 - What are the adjustments that can be made
 - What are the key benefits that the manager and company should be tapping in to?
 - 3. Present your findings to the rest of the group.
 - Your presentation must last no more than 2 mins and allow for a max 2 mins Q&A



Specific industry wide policies and procedures Resources to raise awareness, and a permanent supply of information for ND employees and their managers

Specialised line manager training to provide support for ND employees



Name and address on postcard

One-thing you want to change

Reminder in a few weeks





AADD-UK

THE SITE FOR AND BY ADULTS WITH ADHD







What is neurodiversity?

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Neurodiversity refers to a group of hidden disabilities within the workplace. These are: Dyslexia, Dyscalculia, Dyspraxia, Attention Deficit Disorders (ADD/ADHD), Autistic Spectrum (Autism/ Asperger's syndrome). The term Neurodiversity is used as a way to explain and celebrate the range of normal human differences in how we learn and see the world.

Why do I need to know about neurodiversity in the workplace?

Many individuals who are neurodiverse find that they have many strengths within their line of work. However they may find that they struggle in certain aspects of their job that someone who is not neurodiverse may not.

Often, providing information to individuals and employers about neurodiverse conditions

How to survive and succeed at work

Spectrum

E-quality newsletter

Women in focus

Retired Members

Neurodiversity

and links

About dyslexia Dyslexia in the workplace

Neurodiversity screening

Neurodiversity resources

Autistic Spectrum Disorders

Neurodiversity training

Dr Sylvia Moody

- Organisation skills
- Improving memory and concentration
- Help with reading and writing
- Dyspraxia advice
- Dealing with emotions

DYSLEXIA in the WORKPLACE An Introductory Guide Second Edition

Diana Bartlett and Sylvia Moody with Katherine Kinderslev

WILEY-BLACKWELL

You Mean I'm Not Lazy, Stupid or Crazy?!

Now

Updated

The Classic Self-Help **Book for Adults with Attention Deficit Disorder**

Kate Kelly and Peggy Ramundo

(ASP) THE POWER OF UNLEASHING THE ADVANTAGES OF YOER DIFFERENTLY WIRED BEAL

THOMAS ARMSTRONG, PhD





Thank you Any questions?

If you want anymore information please contact potten-price@tssa.org.uk or, coes@tssa.org.uk