Managing rail staff fatigue

15. Appendix F: A Fatigue Risk Management System checklist

15.1 Some features of a Fatigue Risk Management System (FRMS) are summarised in the document below which may be useful as a checklist when organisations are considering the adequacy of their fatigue management arrangements. The FRMS should be proportionate to the size and complexity of the operation and the likely risks from fatigue – it is recognised that not all items in the checklist will be appropriate for all organisations.

A Fatigue Risk Management System checklist
Published 15 August 2024
DOCX 1.34 MB
More info
Download

- ← Previous 14. Appendix E: Definitions and abbreviations
- → Next 16. References