## Hand-arm vibration syndrome (HAVS): video transcript

Glyn has worked as a stonemason for over 40 years, including on railway buildings. He has developed silicosis and hand arm vibration syndrome as a result of his work. With the correct workplace control measures in place, this needn't happen to anyone else.

This is Glyn's story. "My name is Glyn Jones I'm a stonemason I've been doing it for 43 years we literally worked the stone when we worked it we then went out and cut the stone on the building the one that was defected, sandstone, limestone, granite, marble, we worked them all. As regards with working with vibrations white finger this mainly came round in the late 80s that's when I was first made aware that I've got vibration that's affected my fingers these two fingers go white my third finger is badly effected and they can go numb you can wake up and the circulation has gone numb vibration really took hold with us

when we started using hand-held hand chisels using pneumatic tools the reason being is, the left hand, the chisels were just literally held into the chisel and you applied the pneumatic chisel to the chisel and as a result you got vibration going into both hands we were later given anti-vibration rubber gloves however, these were largely ineffective because up till then, you used tools and then at the end of an eight hour shift your hands were throbbing and there were none of these time limits we have now we now have time limits, they even time to certain chisels and to certain guns, how long you can use them.